

Response Report

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Session: School_Environment_Live

Class: School_Environment_Live

Class Points Avg: N/A

(Includes only students who took assessment)

1	1. Does your school or district have a written Wellness Policy that addresses nutrition education, physical activity, nutrition content for foods available at school and promotes student wellness?		
A	40%	Yes	
B	15%	No	
C	45%	Don' t Know	

2	2. Do you think most students in your school are making healthy food choices?		
A	0%	Yes	
B	67%	No	
C	2%	Probably	
D	29%	Probably not	
E	2%	Don' t know	

3	3. About how much physical activity do you think most students in your school are getting outside of PE?		
A	27%	Less than 60 minutes per week	
B	36%	About 60 minutes 1-2 days per week	
C	20%	About 60 minutes 3-4 days per week	
D	5%	About 60 minutes 5 or more days per week	
E	11%	Have no idea	

4	4. Do you think most adults in your school are receptive to healthy environment changes/improvements?		
A	67%	Yes	
B	22%	No	
C	11%	Don' t Know	

5	5. Do you think most students in your school are receptive to healthy environment changes/improvements?		
A	35%	Yes	
B	62%	No	
C	4%	Don' t know	

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6	6. Do you think your fellow students would be interested in being part of a Youth in Action for a Healthy Iowa school team?		
A	42%	Yes	
B	35%	No	
C	24%	Don' t know	

7	7. Does someone you know struggle with obesity or an eating disorder (anorexia, bulimia, etc)?		
A	84%	Yes	
B	13%	No	
C	4%	Don' t Know	

8	8. Do you think signs or pictures on vending machines, score boards, etc. influence food choices of your peers?		
A	53%	Yes	
B	35%	Probably Yes	
C	5%	Probably No	
D	5%	No	
E	2%	Don' t know	

9	9. Should vending machines in your school:		
A	51%	Only offer healthier food choices?	
B	31%	Offer about 50% healthier food choices?	
C	15%	Offer at least 50% healthier food choices and only be on after school?	
D	4%	Not be available until after school, regardless of choices	

10	10. When are vending machines available at your school?		
A	53%	All day	
B	20%	All day except at meal periods	
C	15%	Only before and after school	
D	4%	Don' t have vending	
E	9%	Don' t know	

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11	11. Do your school fundraisers support healthy eating by selling nutritious food and snacks or non-food items rather than foods high in fat and sugar?		
A	7%	Yes, most of the time	
B	33%	About ½ the time	
C	56%	No	
D	4%	We do not have school fundraisers	

12	12. Do you feel that the products (fruits, vegetables, and low-fat dairy foods) in the school meals and a la carte offerings (foods that are sold individually in the lunch line) are appealing?		
A	20%	Most or all of them are appealing	
B	29%	About half of them are appealing	
C	42%	Some are appealing	
D	9%	None are appealing or they are not sold	

13	13. Should the same nutrition standards apply to a la carte sales and vending sales?		
A	67%	Yes	
B	18%	Probably	
C	4%	Probably not	
D	11%	No	

14	14. If your school had a wellness or health advisory team, would students in your school be interested in serving on it?		
A	25%	Yes definitely	
B	53%	Maybe	
C	16%	Probably not	
D	5%	Definitely not	

15	15. At your school, how often do prices keep you from buying healthier foods rather than unhealthy ones?		
A	20%	Most or all of the time	
B	13%	About half the time	
C	67%	Some of the time, never	

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16	16. How often do you eat school lunch?		
A	24%	Not at all	
B	11%	1-2 days/week	
C	15%	3-4 days/week	
D	51%	Everyday	

17	17. Are the portion sizes served as part of school meals:		
A	44%	About right	
B	36%	Too small	
C	2%	Too big	
D	18%	Don' t know	

18	18. Do you think the school cafeteria offers a good variety of healthy food choices?		
A	71%	Some days	
B	11%	Most days	
C	13%	Always healthy choices available	
D	5%	Don' t know	

19	19. Do you think you can influence what your friends choose to eat?		
A	51%	Sometimes	
B	20%	Yes	
C	20%	Rarely	
D	9%	No	

20	20. Does your school offer enough health/nutrition education at school?		
A	16%	Probably	
B	15%	Yes	
C	38%	Probably not	
D	31%	No	
E	0%	Not sure	

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21	21. How satisfied are you with the health education you are receiving?		
A	15%	Very satisfied	
B	37%	Somewhat satisfied	
C	37%	Somewhat dissatisfied	
D	11%	Extremely dissatisfied or no health education is offered	

22	22. In the past month, during your physical education class, you were active or moving around:		
A	40%	Most or all of the time	
B	15%	About half of the time	
C	4%	None of class time	
D	42%	I do not take P.E.	

23	23. Do physical education classes teach skills and behaviors promoting lifelong fitness (as opposed to competitive sports only)?		
A	43%	Yes	
B	46%	No	
C	11%	Don' t know	

24	24. In the past 12 months, have you participated in one or more school-sponsored physical activity programs (e.g. intramurals, dance clubs, interscholastic sports)?		
A	80%	Yes	
B	20%	No	

25	25. Would you vote for a PE waiver to dismiss athletes from attending PE class?		
A	63%	Yes	
B	37%	No	

26	26. Would you vote to require students to attend a Health class during High School?		
A	81%	Yes	
B	19%	No	